



Chris Taylor, Executive Director, and Lance Bolay, Director of Mission Impact, reviewing Mosaic's Human Centered Design outcomes.

## New Ventures in Mental Health Care

In 2024, Mosaic launched an exciting year with two newly funded and significant projects that underscore our dedication to fostering a healthier community. The first project is a pilot initiative funded by a partnering foundation, aimed at testing an urgent mental health care model. This endeavor seeks to:

1. Reduce wait times for care.
2. Enhance clinical outcomes through timely and appropriate interventions.
3. Optimize the management of our provider's caseloads.
4. Improve overall access to care.

The second project is a community collaboration initiative, generously funded by the Episcopal Health Foundation. Mosaic will engage a team of local leaders in child and adolescent mental health to apply Human Centered Design principles. The objective is to gain deeper insights into how youth and adolescents access mental health information and utilize it in decision-making. The goals of this project include:

1. Integrating the Human Centered Design process into the local community.
2. Comprehending where youth access mental health information and how they utilize it.
3. Leveraging these insights to pilot potential solutions that enhance the care provided to youth in our community.

We are thrilled to serve as a trusted partner in these endeavors, collaborating with foundations that are dedicated to improving mental health outcomes in our community.

## Client Story: A Life You Changed in 2023

Meet Pam,\* a resilient 43-year-old woman who embarked on a counseling journey six months ago to navigate the complexities of grief after losing her mother to a long battle with cancer. Amidst the healing process, Pam faced an unexpected personal crisis – a divorce after 15 years of marriage, resulting in the loss of her partner, financial security, and insurance, and shattered expectations for the future.

Thanks to the generosity of Mosaic's donors, Pam can access counseling services at a reduced cost, enabling her to continue seeking support during this challenging period. Through her counseling experience, Pam not only increased her resilience but also strengthened her sense of self, emerging with the ability to face the world with hope rather than despair.

Though life remains challenging, Pam now possesses the tools to maintain safety and stability for herself and her children. Her transformative journey underscores the profound impact of accessible mental health services, made possible by the compassionate support of Mosaic's donors.

\* Due to HIPAA, HITECH, and other privacy and information security laws and regulations, names and circumstances have been changed to ensure privacy.

## 2023 Student Interns

- |   |  |  |   |   |
|---|--|--|---|---|
| <b>CAMILLA HA</b><br>University of Texas at Tyler | <b>KENNY DAVIS</b><br>University of Texas at Tyler | <b>RUDY TELLEZ</b><br>University of Texas at Arlington | <b>TORI ADAMS</b><br>University of Texas at Tyler | <b>YHAUN MITCHELL</b><br>Lamar University |
|---|--|--|---|---|

# Save the Date 2024



## Peace of Mind CONFERENCE

October 3-4, 2024

Peace of Mind's 10th Anniversary Conference and Luncheon will feature keynote speaker, Rainn Wilson. Rainn is probably better known as Dwight Schrute from the hit TV show, The Office.



## EAST TEXAS GIVING DAY



Tuesday, April 30, 2024

To pay by check, please use the remittance envelope provided.

### MISSION STATEMENT

Mosaic Counseling Centers of East Texas exist to build a healthier community by uniting mind, body, and spirit through counseling, connection and community, honoring individual beliefs and practices.

email: [info@mosaicetx.org](mailto:info@mosaicetx.org) • 903.593.9141

[www.werelisteningeasttexas.org](https://www.werelisteningeasttexas.org)

## Client Testimonials

"You've changed my life."

"I am very grateful to have counseling at Mosaic. I can't imagine if I was referred anywhere else."

"I wish I had not been afraid of counseling when I was a teen. It would have saved me a lot of trouble and given me a lot of confidence."

"I recommend/refer friends and family to Mosaic whenever therapy or mental health is brought up in conversation."



### 2023 BOARD OF DIRECTORS

Amy Hayes, Ph.D., *President*  
Henry Bell, III, *Vice President*  
Andrew Adams, *Treasurer*  
Maritza Bedolla, *Secretary*  
Stewart Heaton, M.D., *Past President*

Lauri Anderson, MS, CSC  
Rev. Dr. Stuart Baskin  
Kara Camp  
Greg Grubb  
Sandy Junek  
Jarad Kent  
Tracy Lisner  
Jon Rowan  
Andrew Schmitt, Ph.D.  
David Teegarden, M.D.  
Ebb Torres  
Dianne Williamson

### 2023 STAFF

#### PROVIDERS

Jasmine Banks, LPC-A\*  
(\*Supervised by Katherine Chapman, LPC-S)  
Olivia Bodford, LPC  
Martha Carney, LPC  
Tiffany Carpenter, M.A., LPC  
Katherine Chapman, LPC-S  
Maggie Eckhardt, Ph.D., LPC-S  
Erick Lener, Ph.D.  
Gayla Jacobs McNatt, LPC-S  
Randy Moate, Ph.D., PC, NCC, LPC  
Don Neal, LPC  
Larissa Smith, LCSW  
Margaret Thurmond, LPC  
Rubyth Tirado, LCSW  
Erin West, Ph.D., LPC  
David Wheeler, LPC

#### SUPPORT TEAM

Katie Little, *Team Lead, Finance and Administration*  
Jacob Fowler, *Client Services Assistant*  
Becca Slate, *Client Services Assistant*

#### LEADERSHIP

Christopher Taylor, MPA, C.M., *Executive Director*  
Brittany Gayetsky, LCSW-S, *Director of Clinical Operations*  
Lance Bolay, D.Min., *Director of Mission Impact*  
Kissy Stanley, *Director of Business and Client Continuity*

## 2023 ANNUAL REPORT



**Christopher Taylor, MPA, C.M.**  
*Executive Director*

Mosaic quietly finished another year of service to the East Texas community and is poised to make 2024 a banner year. I will defer to the rest of this well-compiled newsletter for the data and spend my time with you focused on the story.

Nonprofit organizations are typically created out of a void. In our case, that void was affordable and accessible mental health counseling that integrates mind, body, spirit, and community to facilitate meaningful healing. A cornerstone of Mosaic's approach is focusing on deep client healing. While for some, this occurs in just a few sessions, many require months of

dedicated work. We are less focused on box-checking and more focused on helping our clients find the kind of healing that gives people their lives back. And when this happens, the ripple effect is tremendous. School, work, relationships, interests, and hobbies all become meaningful again.

This past year many of you took part in something we asked of you, whether it was attending an event, making a donation, referring a friend or family member, or serving on a committee. We continue to be grateful for your gifts, and for allowing us to be in the position of caring for East Texans.

## Mosaic's Child and Adolescent Center of Excellence



Mosaic's Child and Adolescent Center of Excellence provides counseling services for young people ages 4 to 18. Some of the things our therapists can address in counseling include

- Thoughts of self-harm
- Conflict in family
- Self-esteem and acceptance
- Decision-making skills
- Planning for the future
- Coping skills
- Dealing with trauma
- Life change/transition

For more information, please contact us at [info@mosaicetx.org](mailto:info@mosaicetx.org) or 903.593.9141.

# Board and Staff Brunch

During the Board and Staff Brunch in December, Mosaic was proud to honor Dr. Amy Hayes, outgoing board president (pictured bottom left); Martha Carney, LPC, Margaret Thurmond, LPC, and Gayla Jacobs McNatt, LPC-S, for their 10 years of service with Mosaic (pictured bottom middle); and Katie Little, recipient of the 2023 George Richardson Employee of the Year Award (pictured bottom right).



## Meet Our Newest Providers



**Hannah Hankins, LPC-A**  
Supervised by  
Gayla Jacobs McNatt, LPC-S



**Camilla Ha, LPC-A**  
Supervised by  
Katherine Chapman, LPC-S



**Bessie Small, LPC**



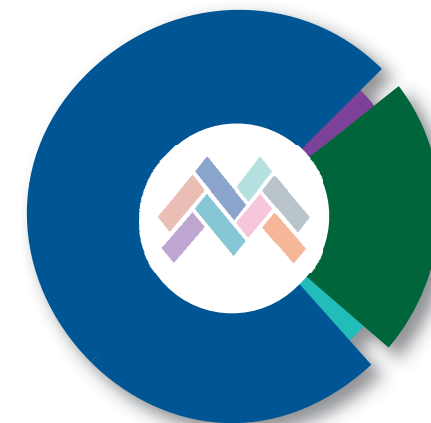
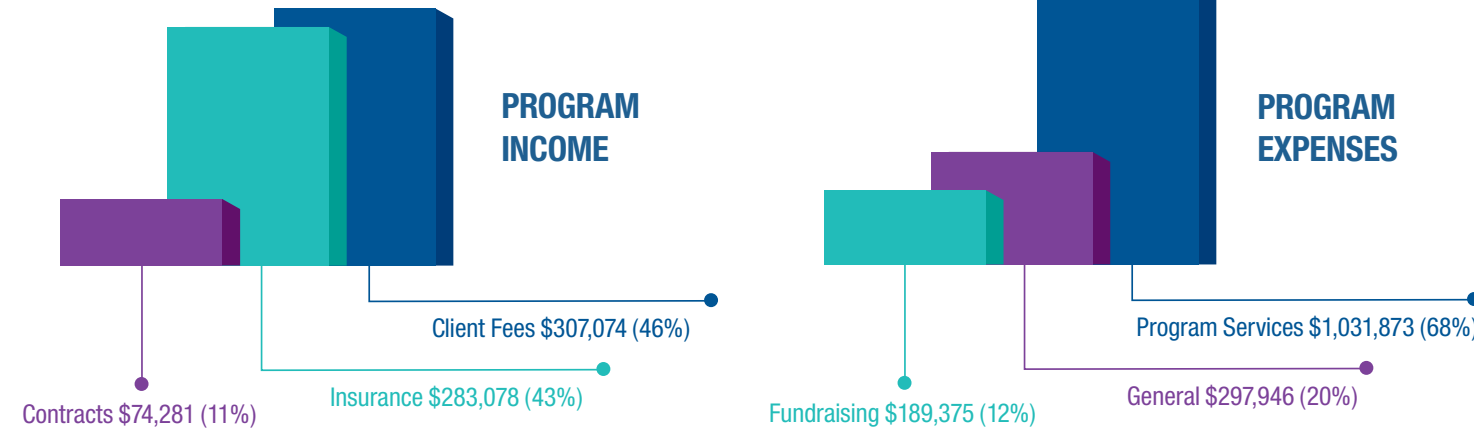
**Erick Lenert, PhD**

## Community Partners

Mosaic is thankful for the local organizations who supported and partnered with us in 2023!

Andrews Center	Glenwood Church of Christ	Regions Bank
Andy's Frozen Custard	Hager Law, PLLC	Southside Bank
Austin Bank	Hospice of East Texas	St. Charles Borromeo Catholic Church
Big Shot Coffee	Kendra Scott, LLC	Texas Bank & Trust
Brookshire Grocery Company	Khalifa, Inc	The Catholic Diocese of Tyler
Burns Commercial Properties, LLC	Lanes Chapel United Methodist Church	The Genesis Group
CHRISTUS TMF Health System	Mann Mortgage	The University of Texas at Tyler
ChristPoint Methodist Church- Lindale	Maternal Mental Health of East Texas	The University of Texas School of Medicine
East Texas Eating Disorder Specialists	Maya Properties	UT Health East Texas
First Christian Church	My Signature Nutrition	VeraBank
First Presbyterian Church	Patterson Commercial Property	VME Process, Inc.
Flowers Davis, PLLC	Peltier Kia, Inc.	

## Program Income and Expenses



## Public Support

**TOTAL PUBLIC SUPPORT**  
**\$865,522.08**

### Fundraising Campaigns:

End of Year	\$339,517 (73%)
East Texas Giving Day	\$13,084 (3%)
Giving Tuesday	\$11,584 (3%)
Peace of Mind	\$97,583 (21%)

### Donors:

Individuals	\$90,440 (11%)
Foundations/Grants	\$624,084 (72%)
Corporations	\$139,865 (16%)
Religious Organizations	\$11,133 (1%)

To give online, use the QR Code or visit [werelisteningeasttexas.org/donate](http://werelisteningeasttexas.org/donate)



## Top 5 Counties Served

1. Smith	74.9%
2. Cherokee	3.6%
3. Van Zandt	3.6%
4. Wood	3.5%
5. Henderson	2.8%

## Client Data

<b>Age:</b>		<b>Gender:</b>	
17 & Under	17%	Female	73%
18-39	51%	Male	27%
40-64	26%	<b>Total Counseling Hours:</b>	9,789
65+	6%	<b>Total Clients Served:</b>	702
<b>eCounseling:</b>	22% of Total Sessions		

## 2023 Donors

### RESILIENCE (\$2,500 to \$200,000)

A.S. Genecov Foundation  
Alfred and Fay Grosse Memorial Trust  
Anonymous  
Anonymous  
Anonymous  
CHRISTUS TMF Health System  
Debbie and Dr. Steven Keuer  
Episcopal Health Foundation  
ETMC Foundation  
First Christian Church  
First Presbyterian Church  
Ginger and Dr. Mark Saunders  
Heather and Kenneth Bell  
James I. Perkins Family Foundation  
Kara and Dr. John Camp  
Louis and Peaches Owen Family Foundation  
Manon and Dr. Steuart Heaton  
Merigale Pyron  
Mo and Douglas R. McSwane  
Nancy and Robert Patterson  
Patterson Commercial Property  
Peltier Kia, Inc.  
Penny Stephens  
Rainwater Charitable Foundation  
The Catholic Diocese of Tyler  
The R.W. Fair Foundation  
The Rogers Foundation  
Watson W. Wise Foundation

### TRANSITION (\$1,000 TO \$2,499)

Andrews Center  
Anonymous  
Austin Bank  
Bess Rayford Foundation  
Brookshire Grocery Company  
Burns Commercial Properties, LLC  
Christina and Michael Tallaferro  
Dana and Greg Grubb  
Debbie and Dr. David Shafer  
Flowers Davis, PLLC  
Hager Law, PLLC  
John R. Alford and Susan Landon Alford Foundation  
Karen and Dr. Charles Heaton  
Khalifa, Inc  
Lanes Chapel United Methodist Church  
Lisa and Dave Hill  
Mann Mortgage  
Mary Grace and Jasper T Neal  
Matthew Duren  
Maya Properties  
Pam and Tracy Lisner  
Regions Bank  
Rhonda and Brent Bossart

Ruth and Roe Buckley  
South Tyler Rotary Foundation Inc  
Southside Bank  
Suzanne and Dr. David Teegarden  
T.B. Butler Foundation  
Tana and Francis Kay  
The University of Texas at Tyler  
The University of Texas School of Medicine  
UT Health East Texas  
VeraBank  
Vicki and Lindsey Bradley  
VME Process, Inc.

### DISCOVERY (\$400 TO \$999)

Alison McGinnis  
Anne and Dr. Brad Robertson  
Bluebonnet Partners Family Trust  
Brian Brandt  
Craig Adams  
Dr. Amy and Kevin Hayes  
East Texas Eating Disorder Specialists  
Fidelity Charitable (Yield Giving Open Call Fund)  
Gloria and Robert Burdick  
John Hood  
Lorie Richardson  
Maritza Bedolla  
Marjorie Ream and Dr. Steve Cohen  
Mary Lynn and Roger Smith  
Maternal Mental Health of East Texas  
Mitzi and Robert Parks  
My Signature Nutrition  
Patricia and Dr. J. Gregory Stovall  
Paula and Mark Brookshire  
Stacy Burk  
Stephanie and Christopher Taylor  
Sue and Dr. Ken Kummerfeld  
Texas Bank & Trust  
The Genesis Group

### LAUNCH (\$10 TO \$399)

Amazon Smile  
Amy Anderson  
Andy's Frozen Custard  
Angela and Anthony Vrba  
Anna and Scott Heater  
Anne and Thomas DeWitt  
Bishop Jeff W Fisher  
Brenda McWilliams  
Brittany Gayetsky  
Carolyn Rubin  
Carrie and Dr. Richard Yates  
Daniel Noteware  
Daphne and Dr. Lance Bolay  
Deborah and Dr. Mark Race  
Denise Shepard

Diana and Russell Patterson  
Dr. Sebetha Jenkins-Booker  
Ebaristo Torres  
Erika Gonzalez  
Erin Miller  
Fonda and Oden Latham  
Frances Ayres  
Gary Olive  
Gayla McNatt  
Glenwood Church of Christ  
Greg Walters  
Jarad Kent  
Jeanelle and David Maland  
Jeanne Ramunni  
Jennifer & Rabbi Neal Katz  
Jila Tanha  
Joel Johnson  
John McLane  
Kathleen and Robert Lewis Duff  
Katie Little  
Kaye and Dr. Larry L. Kraus  
Kendra Scott, LLC  
Kennesha Yount  
Kissy and David Stanley  
Kristi and Bruce Roberts  
Larkin and Donald Simmons  
Leslie Couch  
Linda Dorsey  
Lisa and Michael Lujan  
Liza Autin  
Mark Gayetsky  
Mark Mikulka  
Mary Stephens  
MaryMargaret and Dr. James Ryder  
Melanie & Joel Baker  
Merrilee and Steve Braley  
Nancy Proffit-Young  
Neda Esfandiari  
Northwest Counseling Services, PLLC  
Olivia Paek  
Peggy and Richard Raney  
Richard Davis  
Richard Patteson  
Rita and Fritz Fryer  
Ruben Espinosa  
Shirley Amaro  
Sue Owens  
Susan and Dr. Timothy Beck  
Susan and Michael Bosworth  
Susan and Robert Davis  
Susan and Ryan Soward  
Terra Gullings

If you see errors, please send them to Lance Bolay at [lance@mosaicetx.org](mailto:lance@mosaicetx.org).